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Countdown to 55+ Games

Haliburton County is set to host the 2015 Ontario 55+ Winter Games Feb. 17 to 19. Check out the special guide to the games inside.

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Fun at the Food Co. fundraiser

The Maple Beats, comprised of Rick Johnson, far right, Terri Crawford and Randy Read entertain the crowd with Beatles hits including *Here Comes the Sun* and *Let it Be* at the Dominion Hotel on Jan. 31 in support of a fundraiser for the Haliburton Feed Company. The business was destroyed by fire in November of last year. Proceeds from the event are going towards getting the company back to where it was before.

/Angelica Blenich

Easy to digest

Not too late to get back on track with healthy eating in 2015

If you cannot stomach the fact your New Year's resolution to eat better is out of sight, take heart.

A local nutritionist says there is still plenty of time for people to achieve their goal of healthier eating in 2015. "Developing healthier eating habits is a gradual process, so don't be disheartened if you have slipped up a bit on your resolution," says Elsie Azevedo Perry, a registered dietitian with the Haliburton, Kawartha, Pine Ridge District Health Unit. "Think of healthy eating as a marathon, not a sprint, where slow and steady progress will win you the race!"

The health unit offers the following tips for people trying to get back on track with healthy eating:

- Keep a food journal of what you eat each day. "Tracking what you eat helps you become more aware of your food choices," says Azevedo Perry. "You can then reflect on what you're eating, and change your habits to make more nutritious choices." Apps for mobile devices can also help track food intake. One of the best is the free eaTracker app (www.eatracker.ca) for iPhone and Android devices. Users of the app can check their food and activity choices, analyze recipes and plan meals.
- Skip quick-fixes such as cleanses, detoxes and fad diets. Many of the claims made by detoxes and cleanses are unproven, and can have negative effects, Azevedo Perry notes.
- Be mindful of portion sizes. "Often the larger our portion sizes, the more we tend to eat," Azevedo Perry says. By revisiting their food portions, people can lose or maintain their weight. She notes this can be done in simple ways, such as switching to smaller plates and containers.
- Eat healthier by enjoying a variety of items from each of the four food groups. Eating Well With Canada's Food Guide (www.healthcanada.gc.ca/foodguide) can be an excellent resource for planning meals, understanding food labels and determining the number of servings from each food group that people need for their age and gender.
- Check out the many healthy eating resources that are free and readily available. Dietitians of Canada (www.dietitians.ca) provides healthy recipes, nutrition tips and more information. EatRight Ontario (toll-free: 1-877-510-510-2 or www.eatrightontario.ca) allows people to ask nutrition-related questions and receive feedback by phone or email from a registered dietitian. Nutrition information and healthy recipes are also available through the local health unit (toll-free: 1-866-888-4577 or www.hkpr.on.ca)

Submitted

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The Times

Winter chill getting you down?

Think green thoughts – and start planning your springtime gardens!

The Haliburton Highlands Land Trust (HHLT) and Friends of Ecological and Environmental Learning (FEEL) are pleased to announce that the annual spring plant sale is being offered again this year, in support of land stewardship in Haliburton County.

"This program has been offered for a number of years by the Haliburton Highlands Stewardship Council and their partners. When the stewardship council decided to close down their operation, the land trust was asked to step in and help manage this program. It's a good program, and a good fit for us, so we were glad to take it on," says land trust executive director, Larry O'Connor.

Trees, shrubs and perennial plants are available for sale to landowners and community organizations on a first come – first served basis. Many seedlings are sold as "bare root," so buyers are encouraged to make a plan for planting prior to picking up their order, which is currently planned for the Victoria Day weekend, weather permitting. "Bare root trees are generally less expensive, easier to plant properly, and have more of their root structures intact", says O'Connor. "They need some special care, and have to get into the ground faster than other seedlings, but handled right, they have a higher success rate, too."

The website is now ready to accept orders, at http://plants.haliburtonlandtrust.ca. Plants are sorted according to type (tree, shrub or perennial), their preferred habitat (upland or shoreline), with some details to help buyers determine the right conditions for each. Orders are due before April 1. Quantities of some plants are limited.

The Haliburton Highlands Land Trust is a charitable organization whose mission is to protect our county's greatest assets - lakes, rivers, streams, forests, fields and all the amazing creatures that live there. Through a combination of land acquisition, stewardship, education, outreach and research, we aim to ensure that the land we love is protected forever for future generations.

Friends of Ecological & Environmental Learning is a non-profit organization stemming from the origins of the Friends of the Frost Group. Their purpose is to garner financial resources in support of educational projects and programs that promote the responsible use and management of ecosystems.

Submitted

Evergreen: The nominees are in!

Erin's Editions

Erin Kernohan-Berning
Branch Services Librarian

Each year Haliburton County Public Library participates in the Ontario Library Association's Evergreen Award. The award celebrates top Canadian literature, and the winner is chosen by library patrons across Ontario. The 2015 short list was recently announced, and there are some very exciting titles to enjoy.

Between Gods by Alison Pick

An unflinching and moving memoir about family secrets and the rediscovered past, Alison Pick describes her journey to reclaim her Jewish heritage lost in the concentration camps of the holocaust and kept secret by her family for generations.

Forgiveness by Mark Sakamoto

Ralph MacLean trades his quiet life on the east coast of Canada for the raging battles of the Second World War overseas. Mitsue Sakamoto and her family are forced from their pleasant life on the west coast after the bombing of Pearl Harbor. In this true story, Mark Sakamoto explores the nature of forgiveness as he traces the lives of his paternal grandmother and maternal grandfather.

Juliet was a Surprise by Bill Gaston

In this short story collection, a bank executive, tree surgeon, schizophrenic, and a pizza boy take us through their quixotic exploits as they struggle with the world as they see it, experiencing the humour and unfairness of life.

Little Bastards in Spring by Katja Rudolph

Jevrem Andric tears up the streets of Toronto, damaged by his youth spent during the war in Sarajevo. When his only hero, his grandmother, dies he searches for a way to do some sort of good in the world, the consequences be damned.

The Lobster Kings by Alexi Zentner

Cordelia Kings navigates an unforgiving sea of love, sibling rivalry, meth dealers from the mainland, and a family curse as she is poised to inherit the crown of her father's fishing legacy and fights to preserve the way of life in her home of Loosewood Island.

Medicine Walk by Richard Wagamese

Suffering from the consequences of a lifetime of drinking, Eldon calls on his son Franklin to take him into the mountains to be given a proper Ojibway burial. As they journey through the rugged backcountry, Franklin is given a history he never knew, the father he never had, and a connection to himself he never expected.

Somewhere in France by Jennifer Robson

In a bid for independence, Lady Elizabeth Neville-Ashford becomes an ambulance driver for the Women's Army Auxiliary Corps which takes her dangerously close to the First World War's Western Front where she falls in love with a handsome Scottish surgeon. In a world divided by class and filled with uncertainty and death, can their hope for love survive...or will it become another casualty of this tragic war?

Station Eleven by Emily St. John Mandel

Twenty years after a flu pandemic nearly wipes out the global population, a traveling symphony makes its way through the vastly changed territories of southwestern Ontario and northern Michigan. As the symphony is pursued by a maniacal prophet, surprising links are discovered between six people whose fates are inexorably intertwined.

This Changes Everything by Naomi Klein

Naomi Klein exposes the myths clouding the climate debate, arguing that the world needs to break every rule in the free market playbook and heed the civilizational wake-up call, a powerful message delivered in the language of fires, floods, storms and droughts, changing the world before the world changes so drastically that no one is safe.

Who by Fire by Fred Stenson

Tom Ryder watches his Alberta farm and sense of self dwindle away as a sour gas plant on the border of his property poisons his livestock and family. Later, his son Bill rises through the ranks of an oil company, hiding from his guilt in a local casino. When he embarks on a relationship with a Native woman whose community is being threatened by the actions of his company, Bill is pushed to a crisis of conscience.

Whether you like fiction or non-fiction, short story or epic, memoir or coming of age story, adventure or romance, there is something on this list for everyone. Read as many as you like and vote for your favourite in October. All of the 2015 Evergreen titles are available to reserve at the Haliburton County Public Library.

$575,000 - Canning Lake
TEXT 54657 to 28888 for more Info
Luxurious living on this prestigious 5 lake chain! Beautiful, modern 4+1 bedroom, year round, waterfront home or cottage on Canning Lake, complete with lakeside sauna and bunkie. 113 ft of child friendly, sandy shoreline and big lake views. Its not too late to enjoy some time at the lake this year!
$349,000 - 78 Highland St.
TEXT 54655 to 28888 for more Info
A PRIME Highland Street location, overlooking Head Lake with 1.25 acres of land and 197 ft of frontage. A property this size is a RARE find in this area. The 4 bedroom, 2 bath, classic home features large principle rooms on the main floor, high ceilings and great views of the lake.
$289,000 - 3398 Gelert Rd.
TEXT 54741 to 28888 for more Info
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72 acre lot less than 7km to downtown Haliburton!! Easy year round access off of a municipally maintained road. The property backs on to the old 'Peterson Road' and provides easy access to the main B trail for the snowmobiling enthusiast. Approx. 1400 ft of frontage on the north side Haliburton Lake Road.
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Promoting history in Highland Grove

The museum in Highland Grove is unique. Located in a log school house built by Walter Kidd back in the late 1800s it is a season museum open May through September. The inside contains a few items that you find in ordinary museums, some school desks, maps, wall hung photographs and a few tools. But, the distinction of this museum is the astonishing compilation of many family histories reaching back, in many cases, to the 1700s, all neatly assembled in three ring binders.

Volunteer staff has gathered an incredible amount of information about families, which includes birth and death records, employment, marriages and children and many photographs. Treasurer Joanne Burroughs receives requests for family information from across Canada and the United States and staff willingly make themselves available for opening the museum during off hours. Although staff are knowledgeable about most families, visitors often provide information that may not be recorded by the museum such as burial sites and relationships.

The Schoolhouse Historical Society decided to take an unusual step in securing a printer to put historical photographs on coffee mugs. Images from family histories are scanned into Adobe Photoshop, and printed on a commercial printer located in the recreation centre. All work is done by volunteers. All fees go to pay for the expensive equipment and hopefully it will be paid in a few years.

Photographs from the early 1900s to the present suddenly appear on mugs, which include dates and other information requested by the recipient. Wedding pictures, anniversaries, dogs and cats, old school class photographs and church listings of past priests are now sitting on many shelves, reminding people about the past. It is especially nice to see a younger generation realize that their grandparents at one time were young and looked great! There have been several instances of mugs presented to seniors and having them cry with happiness.

The museum hopes to work with the Legions in Wilberforce and Bancroft to get images of women and men who have served Canada. It might seem minor, maybe trivial, but seeing a soldier with his or her name and perhaps an outline of their service record is a reminder of people who have served their country. It would be great for Legions to have a collection of coffee mugs that promote discussion and recognition of people who served Canada.

This past Christmas people brought in memory sticks with photographs that were put directly into the Photoshop program. Some emailed the photographs. Others brought old photographs in frames. Some people wanted to remember their past vacation, with the place and date on the mug.

The historical society is looking to do more images on mugs. Equipment is located in the recreation centre as part of the library complex in Highland Grove. Staff are available Saturday noon to 3 p.m. People can contact us at joburr50@hotmail.com.

-Submitted

The Highland Grove Museum has purchased a machine to print photos on mugs and is seeking old photos.

West Guilford Community Centre
Snow Shuffle
SATURDAY FEBRUARY 28, 2015
First prize 50/50 & many more prizes
$35
ADVANCE TICKET SALES FOR RIDE, DINNER & DANCE
Limited quantity available at: West Guilford Shopping Centre & West Guilford Auto Centre
Ride ONLY tickets will be sold the day of the event. 9:30am – 12pm at the Community Center. All cards must be drawn by 5pm. No exceptions.
Ride/Lunch/Dinner & Dance $35
Tickets are limited
Ride/Lunch $25
Unlimited tickets
Also available on day of event
Dinner/Dance $25
Tickets are limited
Tickets also available at Touch of Class Day Spa and Hair Salon in Haliburton
50/50 FOR ATV & POKER RUN & ADDITIONAL PRIZES
STARTING TIME: 9:30am-12:00pm at the Community Centre
Last Checkpoint Community Centre 5:00pm
Dinner 6:00pm
Dance by DJ Scott Stanton
Plus additional prizes to be given 8:30pm
West Guilford Community Center ATV and Poker Run Dinner & Dance

Municipality of Dysart et al
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Telephone: 705.457.1740 Fax: 705.457.1964
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REQUEST FOR TENDER – LANDFILL DEPARTMENT

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March 16, 2015 to February 15, 2017

The Municipality of Dysart et al is inviting tenders for Blue Box Recycling Haulage & Processing Services.

Specifications and Tender Forms can be obtained at the Dysart et al Municipal Office, 135 Maple Avenue, Haliburton, ON or by calling (705) 457-1740.

Tenders must be received on or before 3:00 p.m. on Monday, February 16, 2015.

Lowest or any tender not necessarily accepted.

Brian Nicholson, Director of Public Works.

Literacy at the Library
Two-year-old Arlo Clendening of Haliburton is read to as part of the Family Literacy Day event at the Dysart library branch on Tuesday, Jan. 27. This event included reading, songs and games and was put on by a representative from the HKPR Health Unit and the Ontario Early Years Centre. It was also held at the Minden library branch earlier in the day. Family Literacy Day is on Jan. 27 annually and was started by ABC Life Literacy Canada in 1999 as a national awareness initiative to promote the importance of reading and engaging children in literacy-related activities as a family.
/Darren Lum

Dixon memoir about more than rock 'n' roll

By Jenn Watt

In the foreword of Carl Dixon's new memoir, *A Strange Way to Live*, fellow rocker Lawrence Gowan writes: "If I were to attempt to distill the essence of Carl's story, it would come down to the simple yet complex phrase: *keep going*."

Much of Dixon's life has involved stops and starts, crisis situations and incredible highs and through it all he says he has focused on the future.

It was following one of the most traumatic periods of his life that Dixon, a musician known best for his work with rock 'n' roll groups Coney Hatch, April Wine and The Guess Who, decided it was time to start writing his book.

A devastating car crash in Australia in 2008 nearly took his life and left him in the hospital coping with massive serious injuries.

"I began the process [of writing the book] after my ridiculous car crash in 2008 left me uncertain of what options lay ahead of me in my future; whether I'd be fit to perform again, travel again, sing, play, do the splits," Dixon says. "I'm not doing the splits now, but I never did them anyway."

While the accident gave him motivation to get his story written, much of the 264-page volume is about his ups and downs in the music industry and the formative years that got him there – some of them in Haliburton.

Dixon had musical talent from the beginning, but was also athletic and a serious student. His family moved around a lot while he was growing up, giving young Carl many musical opportunities over the years. At age 18 just out of high school he joined his first band with other students called Boots (later called Alvin Shoes). "We had no idea about anything except learning our favourite songs," he writes in the book, "an example of the sort of job we'd get in those days was to play for the Barrie Dog Show for $100. By the third song people ran from various points of the park to scream at us to 'Stop, stop! The dogs are all freaking out!' Critics."

Dixon would end up a long way from the dog show. By 1981, he was part of rock 'n' roll group Coney Hatch recording an album with Kim Mitchell.

A Strange Way to Live chronicles his time in the world of stadium concerts, travel and all-nighters, though Dixon was known for being relatively straitlaced while his fellow musicians had a wilder time with drugs and alcohol.

There were also slow times when work was scarce. At one point, Dixon found himself working as a barista.

"I learned a lot about coffee beans and the roasting process and where the varieties come from," he says. "I didn't see it as my long-range future. I thought I'm going to learn this while I'm here and give it my best."

His first marriage had dissolved and he found himself with little money in a bare apartment with a cat. It was at that point, he writes in the book, he decided to set his will aside and let the universe take over.

"At that moment, surrendering to the universe, when I felt, OK, my career could be at an end here," he says. "I don't know what comes next, but I know that I did everything within my power to get the result I wanted. If it's just not going to happen with my best efforts, then I have to accept that and figure out what else do I do with my life."

It wasn't long after that introspective moment that he was offered a position songwriting for Almo-Irving Music in New York.

Dixon's story is full of hills and valleys like that.

The most recent and visceral, he says, was in the last two years. During that time his longtime marriage fell apart and later a new romance blossomed.

"The hardest thing to overcome was the setback in my personal life in the last couple of years where everything changed much to my surprise and my shock," he says.

He found himself thinking he might never find love again.

But much like his other moments of crisis in his life, a new opportunity came along at just the right time.

In this case by the name of Helen Parker.

"The morning of the day I met her I had just returned from England and I had written a note ... to myself that I expect to be lonely and sad for a long time to come. Twelve hours later I met her."

The couple is now engaged.

Dixon says of his varied career – which now includes public speaking – the most rewarding thing is the sense of satisfaction.

"I have a platform from the things I've done and I have experiences and abilities at this stage to present to people from that platform," he says.

A Strange Way to Live is for sale at Master's Book Store in Haliburton.

Catch the cure

Three kids in Haliburton County and three people in Muskoka are affected by Angelman Syndrome.

Angelman Syndrome (AS) is a rare neurogenetic disorder that affects one in 15,000 people. The disorder results in symptoms that can include a sleep disorder, movement/balance disorder, profound epilepsy, intellectual and developmental delay and inability to speak. People with AS might rarely sleep, have difficulty walking, suffer debilitating seizures that are not easily controlled by medication, and endure major health issues they can't communicate about to their parents and caregivers. In the past, doctors gave little hope to parents of kids with AS, but now literacy and communication are being encouraged through the use of tools such as iPads, and according to scientists, a cure is not just possible, but probable.

2015 is the 50th anniversary of the recognition and naming of the disorder, and February 15 is celebrated as International Angelman Day (IAD) because February is Rare Disease Month and the 15th chromosome is affected in AS.

Events occurring in Minden and Gravenhurst are the only events in Canada to celebrate IAD while raising funds for the Foundation for Angelman Syndrome Therapeutics (FAST). In just five years, the volunteer-run, parent-organized FAST has funded two clinical trials and is funding researchers across the United States to bring a therapy to individuals with AS that hopes to alleviate many major symptoms, including the inability to speak. This research is ground breaking and would result in AS being the first neurological disorder to be treated with a viable therapy. It would also open the doors to understanding other diseases and disorders such as Fragile X Syndrome and Parkinson's.

FAST also funded a literacy camp in Gravenhurst in August 2014 which brought internationally renowned educators together with 17 individuals with AS from across North America to encourage reading, writing and communicating. Educators with the Trillium Lakelands District School Board presented in Chicago at the annual FAST Scientific Symposium in December 2014, which was also attended by the four families from Haliburton and Muskoka who have children with AS and FAST spokesperson and AS parent, Colin Farrell.

Friday, Feb. 13:

The South Muskoka Shield will take on the Bracebridge Blues at the Gravenhurst arena and a donation from the proceeds of the game will be made to FAST. A local man with AS will be at the game to share information about the disorder. The game starts at 8 p.m.

Saturday, Feb. 14:

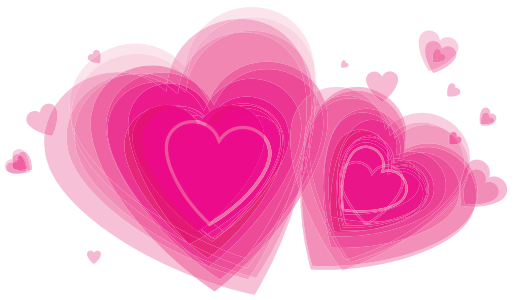
The second annual Catch the Cure event will take place in Minden at the SG Nesbitt arena. The event is expected to be attended by hundreds of local residents and is by donation, making it accessible to all families. The rental of the arena is sponsored by the Minden Kinsmen. 1 to 8 p.m.: Silent auction (including autographed Robert Munsch book, one night stay at the Royal York, autographed Blue Jays baseball bats, and dozens of gifts from local businesses) 2:30 to 4:30 p.m.: Scavenger hunt event using 'Symbolstix' (alternative communication) 2:30 to 8 p.m.: Facepainting provided by Kreative Kingdom 4:30 to 5:20 p.m.: Minden Skate Club performs mini-exhibition 4:30 to 6:30 p.m.: Ice cream donated from Kawartha Dairy served to event attendees 5:30 – 7:30 p.m.: Minden Lions Club serves pasta dinner; public skate opens to residents 7:30: Former Guess Who lead singer Carl Dixon performs 8 p.m. : Silent auction ends

Sunday, Feb. 15:

Niagara Falls will be lit blue from 10 p.m. – 10:15 p.m. in recognition of International Angelman Day as a result of the efforts of Minden moms.

In other Canadian AS news, recently, five-year-old Toronto resident Na'ama Uzan was named the "Kindest Kid in Canada" by CBC Kids, and will appear on the cover of *Parents* magazine. Na'ama has raised $20,000 for FAST at a lemonade stand in order to help her brother, Nadav, who has AS.

-Submitted



Lee Loved Life

We want to thank all of his friends who keep his dreams alive:

Harry Hutchings for running Lee's prize business;

Skip Gainforth for being around when we need him;

Randy & Maureen Warburton and Lonnie Hughes for renovating the barn and farmhouse and building a museum to Lee's brother, Lloyd;

John Coneybeare, Jim and Kayla Bird for feeding Lee's deer;

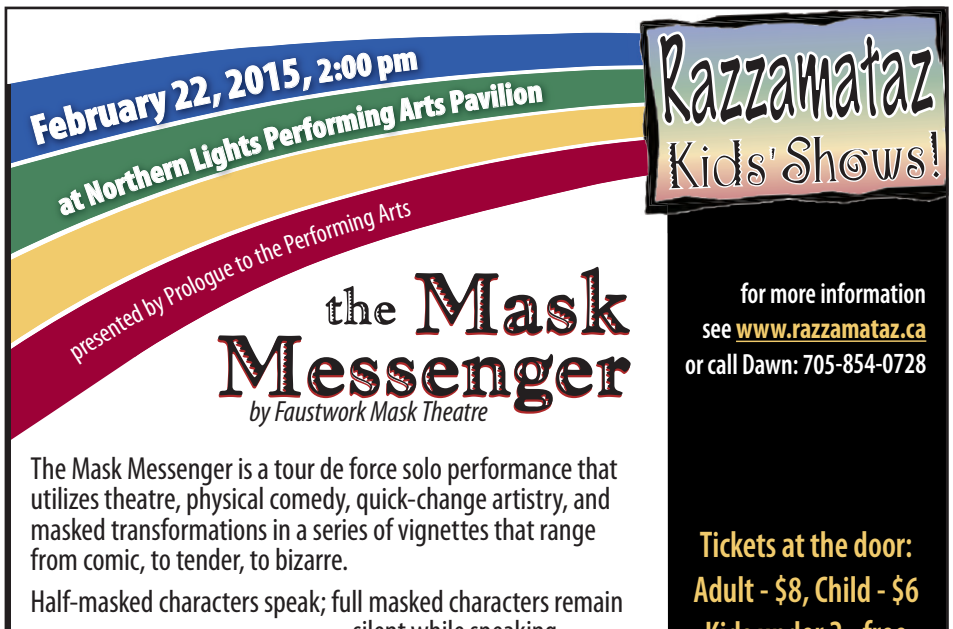
Deeno Pearsell for helping with the pits;

And all who visit Marie. So many. We hope we haven't left anyone out.

Lee Blair 1934-2014

We miss him every day.

~Marie and Marnnie Blair


February 22, 2015, 2:00 pm
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presented by Prologue to the Performing Arts
Razzamataz Kids' Shows!
the Mask Messenger
by Faustwork Mask Theatre
The Mask Messenger is a tour de force solo performance that utilizes theatre, physical comedy, quick-change artistry, and masked transformations in a series of vignettes that range from comic, to tender, to bizarre.
Half-masked characters speak; full masked characters remain silent while speaking volumes, with convincing body language and a dancer's grace. This show brims with wisdom and insight, even though at times audiences are laughing too hard to notice.
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There's no business like snow business

Living Large

Humour by Steve Galea

This morning, while shovelling another dump of snow off my driveway into a pile so high that it might qualify as a mountain range, it occurred to me that we Canadians are not making use of one of our most natural resources – snow.

If we were any other country in the world we would be selling it to those who don't have it. The problem, as always, is coming up with a good plan.

Luckily, I have given this some thought.

1. We can market it as raw water. This means we can also "refine" it in our "refineries" (aka, in pails by the wood stove) and sell it at double the original price.
2. We can start an organization called Snow-PEC and ask other snow producing nations to join in so we can be annoying to the rest of the world.
3. We can develop the steam-powered car and sell snow as a fuel.
4. Call it Psnowleum?
5. Market it as environmentally friendly: Tell the world we can dump snow in lakes with no ill-effects.
6. If we decide to transport it, we won't need pipelines. We can just set up a chain of snowball fights.
7. No one will ever have to worry when a snow tanker spills its contents.
8. We will be able to stock pile it in our arenas.
9. In spring, we'll flood the market – literally.
10. We'll have the most reserves.

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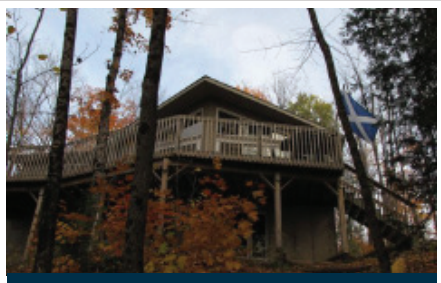

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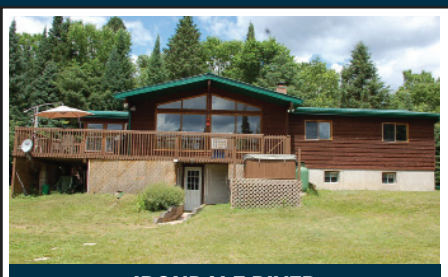

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Custom home on 8.36 Ac. Private pretty setting, 15 min to town. [SOLD] dbl & det single garage, carport & workshop.
$239,900

WEST GUILFORD HOME

Great potential with Commercial Zoning, 2.33 ac lot & 496' frtg. Att garage. Green Lake across road.
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Haliburton Highlands
Ontario 55+ Winter Games
Jeux d'hiver de l'Ontario des 55+
2015

Let the Games begin

For the second time, the Haliburton Highlands is playing host to nearly 1,000 athletes and participants in the Ontario 55+ Winter Games from Feb. 17 to 19.

Local residents who aren't competing can catch the action at venues across the county – and if they're lucky, catch a glimpse of Canadian Olympian Kurt Browning, who will be making appearances at various skating-related events.

Sports included in the Games include alpine and Nordic skiing, skating, hockey, curling and volleyball.

The 55+ games are put on by the Ontario Senior Games Association, which was founded in 1982 under the name Older Adult Centres Association of Ontario.

The Games were able to run thanks to funding from the Ontario government.

Since that time, the Games have grown with the first winter games held in 2000 in Collingwood.

OSGA is based in Toronto and is comprised of 40 districts.

Haliburton County is in district 11 and in this winter games, there are 46 athletes from this district involved.

"I think it's great for the county, for Haliburton County," said past district co-ordinator Doug McIntosh. "It brings people from all over Ontario to showcase our county. It's a fantastic place to live. There's all kinds of opportunities for people to enjoy themselves."

HALIBURTON COUNTY PARTICIPANTS

Ice Hockey (55+)
Dan Ambridge
Tim Curry
Lee Donaldson
Kim Emmerson
Bev Hicks
Larry Kent
Michael McGee
Joe Roberts
Steve Roberts
Greg Ross
Ted Vasey
Ian Wilson
Jim Winn
Rick Wood
Robert Woodcock

Ice Hockey (65+)
Robert Ashleigh
David Baker
Grant Clayton
David Dollo
Ron Earle
Larry Hartin
Bill James
Larry Kalynuk
Sherdon Kellett
Ron May
Frank Powers
Glen Smith
Norris Turner

Alpine Skiing
Marianne Fenninger, 55+, female
Ralph Burchert, 55+, male
Barbara Ablett, 65+, female
Lou Fenninger, 65+, male
Doris Pierson, 75+, female
Victor Ettel, 75+, male

Curling (mixed)
Sheila Campbell
Bob Johnson
Bob MacNaull
Anne MacNaull

Duplicate Bridge
Mary Johnson, novice
Sandy McKay, novice
Willie Cox, open
Jack Cox, open

Nordic Skiing
Sheila Ziman, 5 km prediction, female
Pauline Plooard, 5 km time trial 55+, female

Table Tennis 65+
Vaclan (Vasa) Rehacek
Hans Walter

ONTARIO 55+ WINTER GAMES SCHEDULE

DUPLICATE BRIDGE
Pinestone Resort

Day 1 Wednesday, February 18
9:00 a.m. - 12:00 p.m. - Morning session
1:00 a.m. - 4:00 p.m. - Afternoon session

Day 2 Thursday, February 19
9:00 a.m. - 12:00 p.m. - Morning session
1:00 p.m. - 4:00 p.m. - Afternoon session
4:00 p.m. - Medal presentation

VOLLEYBALL
J.D. Hodgson Elementary School

MEN'S VOLLEYBALL
Day 1 Wednesday, February 18
9:00 a.m - 4:10 p.m. 40 minute intervals

Day 2 Thursday, February 19
9:00 a.m - 11:00 a.m. - 40 minute intervals
12:10 p.m. - 2:10 p.m. - Play Offs
2:10 p.m. - Medal Presentation

WOMEN'S VOLLEYBALL
Day 1 Wednesday, February 18
9:30 a.m. - 3:15 p.m. - 40 minute intervals

Day 2 Thursday, February 19
9:30 a.m. - 11:45 a.m. - 40 minute intervals
11:45 a.m. - 12:30 p.m. - Semi Finals
1:00 p.m. - 2:30 p.m. - Consolation Games
2:30 p.m. - 3:15 p.m. - Championship Game
3:30 p.m. - Medal Presentation

CO-ED VOLLEYBALL
Day 1 Wednesday, February 18
9:00 a.m. - 4:10 p.m. - 40 minute intervals

Day 2 Thursday, February 19
9:00 a.m. - 11:00 a.m. - 40 minute intervals
12:10 p.m. - 2:10 p.m. - Play Offs
2:50 p.m. - Medal Presentation

BADMINTON
Haliburton Highlands Secondary School

Day 1- Wednesday February 18
8:30 a.m. - 4:00 p.m. - Men's, Co-ed and Women's

Day 2 Thursday February 19
8:30 a.m. - 1:30 p.m. - Men's, Mixed and Women's
2:00 p.m. - Co-ed Bronze, Men's Women's Games
2:30 p.m. - Co-ed Gold, Men's Women's Games
3:00 p.m. - Men's and Women's Bronze
3:30 p.m. - Men's and Women's Gold

TABLE TENNIS
Shalom by the Lake
1570 Little Hawk Lake Rd., Algonquin Highlands

Day 1- Wednesday February 18
8:30 a.m. - 4:00 p.m. - Men's, Mixed and Women's

Day 2 Thursday February 19
8:30 a.m. - 11:30 a.m. - Men's, Mixed and Women's
12:00 p.m. - 1:00 p.m. - Semi-Finals
1:30 p.m. - Bronze Medal Games
2:00 p.m. - 2:30 - Gold Medal Games
3:00 p.m. - Medal Presentation

HOCKEY
Day 1- Wednesday February 18

Haliburton
7:50 a.m. - 4:10 p.m.

Minden
7:50 a.m. - 4:10 p.m.

Wilberforce
9:30 a.m. - 11:10 a.m.
2:30 p.m. - 3:20 p.m.

Day 2 Thursday February 19

Haliburton
7:50 a.m. - 10:20 a.m.
12:00 p.m. - 1:30 p.m. Semi Finals
2:20 p.m. Bronze Finals
3:10 p.m. Final

Minden
7:50 a.m. - 12 p.m.
12:50 - 2:20 Semi Finals
2:20 p.m. Bronze Finals
3:10 p.m. Final

Wilberforce
8:40 a.m. - 11:10 a.m.

CURLING
Day 1 Wednesday, February 18

Haliburton Curling Club
Round Robin Curling Schedule
Divisions A and B
9:00 a.m. - 12:15 p.m. - 6-end games
1:15 p.m. - 4:30 p.m. - 6-end games

Minden Curling Club
Round Robin Curling Schedule
Divisions C and D
9:00 a.m. - 12:15 p.m. - 6-end games
1:15 a.m. - 2:45 p.m. - 6-end games

Day 2 Thursday, February 19
Information not available at press time.

NORDIC SKIING
Pinestone Resort

Day 1 Wednesday, February 18
11:00 a.m. - Timed Trials
11:30 a.m. - Prediction race (mass start)

Day 2 Thursday, February 19
11:00 a.m. - Timed Trials
11:30 a.m. - Prediction race (mass start)
1:00 p.m. Medal Presentations

ALPINE SCHEDULE
Sir Sam's Ski/Ride

Day 1 Wednesday, February 18
10:00 a.m. - 11:00 a.m. - First timed run
11:00 a.m. - 12:00 p.m. - Second timed run

Day 2 Thursday, February 19
10:00 a.m. - 11:00 a.m. - First timed run
11:00 a.m. - 12:00 p.m. - Second timed run
1:00 p.m. - Medal Presentations

PREDICTION SKATING
Keith Tallman Arena, Wilberforce

Day 1 Wednesday, February 18
12:50 p.m. - 2:20 p.m. Skating

Day 2 Thursday, February 19
12:50 p.m. - 2:15 p.m. Flights 1,2,3 with a flood in between each flight
2:30 p.m. - Medal Presentation

TEN PIN SCHEDULE
Huntsville Bowl
3 Games starting at 10 a.m.

Welcome to Haliburton Highlands!
Good luck athletes!

Proud sponsor of 55+ Senior Winter Games

Haliburton Highlands Ontario 55+ Winter Games
Jeux d'hiver de l'Ontario des 55+ 2015

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Cheer on our local athletes

Victor Ettel, 77, has skied all over the world, but there's no place he'd rather be than Sir Sam's in the Haliburton Highlands.

An athlete in the 55+ Winter Games coming up Feb. 17 to 19 in Haliburton County, Ettel will be participating in the men's alpine ski event for those 75 years and older.

"I skied many places around the world including many times in Japan ... I somehow always came back and enjoyed skiing so much more here not because the hill is big or daring, but because of all the friends that are here as ski buddies," said Ettel.

This is his third senior winter games. The first was in 2011 when Haliburton last hosted the games. The second was in Huntsville in 2013. He won gold in both.

Alpine skiing has interested Ettel since he was a teenager in Czechoslovakia and stayed with him his whole life, 40 years of which has included the Highlands – first as a cottage destination and then in 2001 as a full-time home.

Ettel uses the Sunday Sir Sam's ski challenges as practice. He competes in the 45+ category and has twice placed second this season.

He skis with his wife, daughters and soon hopes to be racing with his grandchildren.

Several veteran curlers have come together to represent the Highlands in the mixed league. Bob Johnson (skip), Bob MacNaull (second), Anne MacNaull (lead) and Sheila Campbell (vice) will curl three games on Wednesday, Feb. 18 and, if successful, in the playoffs Thursday, Feb. 19.

Johnson said his first encounter with the 55+ games was when Haliburton last hosted. At that time, he and Bob MacNaull helped with scheduling other teams at the curling club.

"I enjoy the competition and we did the scheduling last time and thought it would be neat to compete in it," Johnson said.

If it's anything like last time, some "pretty good curlers" will be showing up from across Ontario to provide the Haliburton crew with a challenging two days.

Over at the hockey rink, centreman Bev Hicks and defenceman Greg Ross are getting excited about Haliburton's 55+ men's team. A carefully curated group of men were brought together earlier in the season and have been playing exhibition games together in preparation for the games.

"We've got a lot of good hockey players in Haliburton County," Hicks says. The key is having them function as a team.

Hicks and Ross have played in the last two senior games – Haliburton and Huntsville – and say the level of competition is high.

"We're playing against the best senior hockey players in Ontario," Hicks said.

In previous seniors games, the No. 1 ranked team in Canada (Brampton) has competed, making for exciting hockey.

Hicks grew up in Haliburton and said several of his fellow teammates at the senior games played together when they were children for the Haliburton Huskies.

Having the games in the Highlands only furthers the county's reputation, Hicks said, and it doesn't hurt the villages' chances to become a Kraft Hockeyville winner either.

"I think it brings a lot of recognition to Haliburton," he said. "It adds to the reputation we have here."

For the players, the 55+ games represents a reason to get out and get active.

"It's a great camaraderie when you speak to the other guys from the other cities," said Ross. "We all have the same agenda. Everybody's there for the games and to have fun and the sport of it."

Cheer on our local athletes. See page 10 for a schedule of when games are taking place.

Haliburton Victor Ettel (men's 65+) makes his turn and prepares for the next gate in the alpine skiing event in the 2011 Ontario Senior Winter Games. He will be competing this year in the 75+ competition. /Darren Lum

Minden resident Pauline Plooard gets off to a great start in the nordic skiing prediction race held at Glebe Park at the 2011 games. /Angelica Blenich

The RE/MAX balloon will be with the Games cauldron on Head Lake Tuesday, Feb 17 (opening day).

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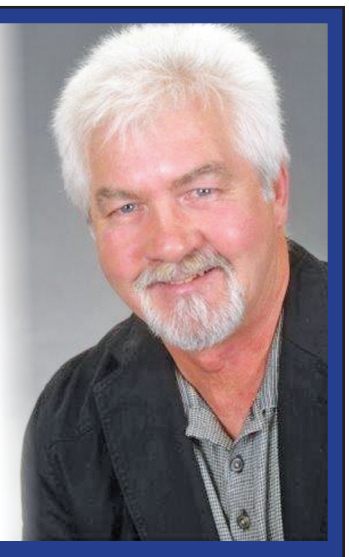

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2015
Our best wishes go out to all of this year's participants!
The Times MINDEN ONTARIO
ECHO
CountyLife

THE GAMES BY THE NUMBERS

957 TOTAL NUMBER OF ATHLETES PARTICIPATING

225 Number of volunteers making the Games run smoothly

24 The number of buses to be used to shuttle participants to events

75 Number of women coming for the first-ever Women's 50+ Hockey Tournament at the Minden arena on Feb. 16 and 17

5,742 Number of meals served over three days to all participants using local resorts, restaurants and caterers

33 The number of accommodators across the Highlands making participants' stay comfortable

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Good luck to all the participants at the Ontario 55+ Winter Games
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Winter Games gives athletes A Taste of Highlands

By Darren Lum

The Haliburton Highlands is giving this year's Ontario 55+ athletes A Taste of the Highlands and a chance to beat Matt Duchene.

This offering is part of the games' entertainment on the second night, which is being offered in place of the "big show" that took place the last time the games were held here.

The middle night entertainment co-ordinator and games organizing committee member Marci Mandel said this is an exciting opportunity for the visitors and the area.

"Local chefs and caterers, at 13 venues, will show off their talents and feature local foods and cuisine. Each venue will provide a unique experience including musical entertainment, beer and wine tasting, gallery displays and interactive games," she said. "The middle night has been designed to be a relaxing, casual and entertaining evening of good food and fun all located at or near athletes' accommodations. For competitors travelling to their dinner venue, shuttles will be provided to enable leisurely comings and goings."

There will be 13 parties for senior athletes at participating venues all over the Highands on Feb. 18. They include Bark Lake, Peppermill, Sandy Lane Resort, McKecks, Haliburton Highlands Museum, the Royal Canadian Legion in Minden, the Minden Hills Cultural Centre, Sir Sam's Ski and Bike, Heather Lodge, Bonnie View Inn, Rhubarb, Trading Bay and the Pinestone Resort, which will host a trade show to give exposure to things to do in the area. At the other locations, specific activities will be provided, including two Matt Duchene Shootout Challenge contests.

At Sandy Lane Resort in Halls Lake, Matt Wilbee of Minden and his dad Andy, who works in Haliburton at the arena, will help to run the Ontario Minor Hockey Association (OMHA) Matt Duchene Shootout Challenge.

"In my opinion the snap shot is the quickest," he said, adding it's also the most accurate.

Wilbee, a centre for the Highland Storm and the Red Hawks hockey teams, remembers beating the challenge (9:06) with a time of 8:13 seconds two years ago. He improved on it with a time of 7:11 at his grandmother's, following his Grade 8 graduation when he was surprised by Duchene and the OMHA, who brought the challenge.

Winter Games general manager Myke Malone said it was a no-brainer to add the interactive hockey skills competition to the evening's entertainment because of its interactivity and the local connection with NHLer Matt Duchene.

"In Haliburton County and you got a game called the Matt Duchene Shootout then we'll take it," he said, referring to his reaction when it was offered by an OMHA representative, which led to getting the two set ups for free. He said the 65+ players will be at Bark Lake and the 55+ players will join the Wilbees at Sandy Lane.

The prizes include an autographed Matt Duchene jersey and an autographed Cody Hodgson stick. The challenge is only open to athletes and will be an ongoing activity for the evening, starting at 5:30 p.m.

"Some of the guys will be looking to beat little Matt's score and the other ones [at Bark Lake] will be looking to beat big Matt's score," he said.

Malone said it was a perfect fit to get Wilbee because of his 2013-2014 win and his connection to the area.

Haliburton's Frost Festival 2015

Saturday, February 14, 2015

Polar Bear Dip • Dogsledding • Broomball • Pancake Breakfast in the Park Games • Wagon Rides • Snowshoeing • Skating • Ice Fishing • BBQ Lunch Curling • Pony Rides • Lasagna Dinner • *And so much more!*

Head Lake Park — Haliburton, Ontario

9:00—11:00 a.m. Crowning of the Ambassador at the Lions Club Pancake Breakfast at Head Lake Park for $5

10:00 a.m.—2 p.m. Ice Fish with the Haliburton Outdoors Association

10:00 a.m.—3:00 p.m. Snowshoe Games with YMCA Camp Wanakita

10:00 a.m.—12:00 p.m. Broomball and Hot Chocolate with Youth Unlimited

10:30 a.m.—1:00 p.m. Ride a Pony with South Algonquin Trails

10:30 a.m. — Craft and story at the Dysart Branch of the library

11:00 a.m.—2:00 p.m. Join the Rails End Gallery & Arts Centre for Art Attack

11:00 a.m.—3:00 p.m. Hitch a ride on Irvin Holland's horse wagon

11:30 a.m. until supplies run out Haliburton Highlands Museum Maple Treats

11:30 a.m.—1:00 p.m. Forging demonstration with Nash Farrier Services

12:00 p.m.—3:00 p.m. Lions Club BBQ

1:00 p.m.—until finished Lions Club Polar Bear Challenge (First plunge at 1)

1:30 p.m.—3:30 p.m. Kids Dogsledding with Winterdance

4:00 p.m.—6:00 p.m. United Church Lasagna Dinner - $10 adults $5 kids 12 and under (Take-out is available)

Haliburton County Public Library
Connection, Collaboration, Community

www.frostfest.ca

Minden's Matt Wilbee, left, stands with Matt Duchene when the NHLer came to congratulate the Highlands teen for being the winner of the Matt Duchene Shootout Challenge two years ago. Wilbee and his dad will help to run the OMHA Matt Duchene Shootout Challenge at Sandy Lane Resort, which is part of A Taste of the Highlands for the Ontario Senior Games on Feb. 18.
Submitted by OMHA

Bowl for Kids' Sake gets groovy

With a '60s theme, the big day is set for Saturday, Feb. 28, at Bowlaway Lanes and runs from 3 p.m. until the last time slot at 9 p.m. Enter your team of four to six people, start collecting pledges, dress in your "grooviest" costumes to win a pizza from Square Boy Pizza. There is also the added option of collecting pledges online by emailing friends and family.

Big Brothers Big Sisters of Kawartha Lakes - Haliburton is sending out a challenge to all those that feel mentoring children is an important part of our community's health and future! This is a shot of the board of directors/staff dressed to participate in Bowl for Kids' Sake. Register and let's see your best interpretation of the '60s and raise funds for mentoring programs.

Additional incentive prizes are: Top Team - free table for eight at Big Brothers Big Sisters upcoming dinner/auction in June. Individuals who raise the most will qualify for one of the three top prizes: 32 inch TV from Sears Minden, Day Trip to St. Jacobs from Cardinal Coach Tours, Vehicle Rust Proofing from Krown Rust. Other incentive prizes available at the $100 levels raised in pledges.

Jim DeFlorio, executive directors, says "that this is the largest fundraiser of our year and the organization depends on its success to be able to offer mentoring programs to the community. Our local United Way provides us with funding, but the bulk of the operating budget is raised through the many fundraising events held throughout the year. We count on the community to assist with raising these funds and always try to provide great entertainment and fun time for those that join us."

Call 705-324-6800 or visit www.bigbrothersbigsisters.info for more information on this event or to volunteer as a mentor.

Submitted

Weaving stories of friendship

Visible Voices: Open Arts Studio invites you to the second gathering in the Living Legacy Learning Series to share friendship stories from around the world and create friendship bracelets with Alix Uzelac Vedris a Rotary exchange student from Croatia, and our very own Wendy Bateman.

Date: Sunday, Feb. 15
Time: 1:30 - 3:30 p.m.
Location: Visible Voices Open Arts Studio, 130 Industrial Park Road, Unit 5, Haliburton
Cost: By Donation

So we can prepare materials, please RSVP info@openartsstudio.ca or call 705- 754-4004.

Big Brothers Big Sisters of Kawartha Lakes-Haliburton

Winterfest | Family Day Celebration

FIRE & ICE

Sunday, February 15
7pm—10pm
Minden Hills Cultural Centre
176 Bobcaygeon Road. Minden
OUTDOOR EVENT Dress appropriately!
Agnes Jamieson Gallery and main building will be open
Join in the Activities:
'Human Sled' Racing ***Mukluk & Snow Shoe Dance
Snow Ball Throwing Contest
HOT, SPICY FOOD CHALLENGE
Local restaurants compete for the spiciest, hottest food. *Dare to compare*!
Maple Syrup OR Baileys Slushies
FEATURING:
Wood-fired Outdoor Pizza
Scotch, Ice Wine & Local Beer TASTING Tickets for just tasting$25 p/p
Now available. Call 705-286-3763
Limited time will only be available until February 6.
INTENDED AS AN ADULT ONLY EVENT must be 19+

FOR MORE DETAILED INFORMATION GO TO:
www.mindenhills.ca OR CALL ELISHA WEISS at 705-286-1936

DAY EVENTS Sunday February 15 in MINDEN

PANCAKE BREAKFAST
8:30am-11:00am at the SG Nesbitt Arena.

CURLING 9:00am-4:00pm
Curling Club For costs and times contact: Lynda Litwin 705-457-8511

"Snow-pitch" Tournament
9:00am-5:00pm
Baseball Diamonds (behind arena)
For more information contact: Craig Smith 705-286-3013

SHINNY (Adults vs Kids)
10:00am-11:00am
SG Nesbitt Arena.

GPS SCAVENGER HUNT
10:00am-12:00pm Arena Parking Lot.

FRISBEE GOLF 10:00am-3:00pm
Arena Parking Lot

BROOMBALL11:00am-12:00pm
S.G. Nesbitt Arena

ICE CAR RACING 12:00pm
Fairgrounds

PUBLIC SKATING 12:00pm-2:00pm
SG Nesbitt Arena

CARDBOARD BOX DERBY 12:30pm
Meet outside Community Centre

GAMES! 1:00pm-2:00pm
Arena Parking Lot

GIRLS STORM MIDGET HOCKEY
2:00pm-3:30pm SG Nesbitt Arena

HAVE YOU GOT YOUR TICKET?

First Early Bird Draw —$500
Friday, February 13, 2015

Purchase Tickets At:
Bank of Montreal, Canadian Tire, Dollo's Foodland, Haliburton Foodland, TD Bank, Todd's Independent,
Call 705-457-1580 / 286-1580 Today!

YOU COULD WIN & HELP YOUR HOSPITAL!

HALIBURTON HIGHLANDS HEALTH SERVICES FOUNDATION
A Foundation for the Health of the Highlands
Charitable # 89028-0449-RR0001
License # M 723071

Marketing – Research Steps 2&3

Lauren Forbes
In Business

Now that we understand why we do market research, the next steps are setting your research objectives and finding out what information already exists.

Step 2 - Set your research objectives

The scope of your research is determined by what you want to achieve (your objectives) and the types of decisions it needs to help you make. Before you get started it is essential to define your objectives. This is the most important part of the process and will avoid wasting time and effort in later stages. Ask yourself these three questions:

- What is the purpose of the research?
- What information is being sought?
- How will the information be used?
- Four stages of research study

Conducting a successful research study involves four separate stages:

- Checking if the same or similar research has been carried out in the past;
- Reviewing any existing relevant data;
- Determining when the information is needed and how much you can spend to obtain it; and
- Deciding how the data will be used, and by whom.

If your research will help you to make a significant decision (for example, introducing a new product or starting a business), then it's a good idea to think about employing a professional market research organization or consultant. A research expert will have the knowledge and experience to get information which is reliable. If the cost is prohibitive you should buy at least a few hours of professional research time to get advice in conducting your own market research. This could help you avoid obtaining flawed data which will produce misleading and potentially costly conclusions.

Step 3 - Find out what information already exists

There are two types of data; primary and secondary. Existing information (for example census statistics) is known as secondary data and primary is the collection of new data.

Secondary data research

You can save time and money by using secondary data. Much of the information you need can be found in internal company records or official sources. Information collected on a day-to-day basis can help you identify trends such as popular products or the seasonality of product/service demand. Other secondary information falls into two areas:

Official

This includes information gathered and published by federal, provincial and local government agencies.

The largest source of official research in Canada is Statistics Canada http://www.statcan.gc.ca/ . There is a video called Tutorial for Businesses: Getting to Know Your Market and Industry and Tutorial for Businesses: Finding Local Census Data http://www.statcan.gc.ca/eng/sc/news/11017x/index?HPA= .

Non official

This covers data which can be obtained from sources such as the internet, newspapers, magazines, reference books, trade directories, trade associations, banks, universities, technical colleges, research institutions and publications from market research organizations.

Other sources of secondary research include: local libraries, Small Business Centres – the closest one being in Lindsay called the Kawartha Lakes Small Business & Entrepreneurship Centre http://www.advantagekawarthalakes.ca/en/businessResources/smallbusinessentrepreneurshipcentre.asp, Muskoka Futures http://www.muskokafutures.ca/business-support, your local Chamber of Commerce http://haliburtonchamber.com/index.php , industry associations and publications. Locally there are several links on the Haliburton County Development Corporation website in the Business Resource section http://www.haliburtoncdc.ca/support-for-business/business-resources/

Primary data research

Primary data is the information you gather through specialized surveys or group discussions. In the next article I will continue with Marketing – Market Research and talk about Step 4 – Doing your own research through surveys.

Lauren Forbes is the Ontario Self Employment Coordinator at the Haliburton County Development Corporation in Haliburton. If you have questions or comments please email her at HCDC.OSEBHaliburton@gmail.com or visit their website: http://www.haliburtoncdc.ca/

Mumford recognized for service

Mary Mumford, a resident of The Manor in Bancroft, was visited by three members of the Ladies Auxiliary of Branch 624, Douglas C. Hatch, Royal Canadian Legion of Wilberforce. Mumford is now 97 years old and was presented with a pin recognizing 30 plus years of service with the Ladies Auxiliary of Branch 624. Pictured with Mumford are Ladies Auxiliary President Brenda Boomhouer, treasurer Betty Hayward and Membership chairwoman Lynette Clegg. After many years spent in Belleville, it is nice to see Mumford back in our community, close to friends and family.

Mumford's late husband Ed Mumford was one of the men responsible for obtaining the charter for Branch 624 which was presented Aug. 28, 1973. Along with James Outram, Arthur Mather, Reg Schofield, Ross Agnew, Fred Oram, Wm. Booker, Chuck O'Neil, Murray Scott, Walter Klapow, Clem Peters and Joan Harrison they contacted men in the area known to have seen service with the Armed Forces and together they organized the fledgling group, which soon grew to 100 members. They were officially recognized April 14, 1973 and meetings began in the Fire Hall. In 1975 the current Legion Hall was purchased, renovated and a Ladies Auxiliary formed to support Legion efforts through meals, raffles, card parties and dances. This work continues today with many of our members having enjoyed Mumford's company over the years. /Photo Submitted

THOSE OTHER MOVIES
Thursday, Feb 12/15
Presents

An avalanche during a ski holiday in the French Alps shakes a Swedish family to its core. A dark comedy/drama, FORCE MAJEURE questions stereotypes and gender roles in society. Best Foreign Film nominee.
Swedish/French with English subtitles - 120 min.
2 Shows: 4:15 pm & 7:15 pm/Tickets at the door: $8

Next film: March 12/15: OCTOBER GALE
April 30/15: WHIPLASH
May 14/15: ELSA & FRED
SAVE THE DATE – Doc(k) Day – April 11, 2015
For more info: www.haliburton-movies.com
Northern Lights Performing Arts Pavilion in Haliburton

DONNA GRAHAM
REAL ESTATE BROKERAGE

Donna Graham, Broker of Record/ Owner
705-447-3448 Res: 705-447-3280 Fax: 705-447-1165
Toll Free: 1-800-316-3397

Glamorgan Road
$249,900

- 3 bedroom home with fully finished basement
- Open concept
- Sitting room
- Propane, fireplace
- Closed in deck and sunroom

Bryans Road
$18000
2 acres, hydro and phone is available. Treed lot.

carillion

A leading Ontario Road Maintenance company has a requirement for a full time Maintenance Worker/Operator position at our Minden Patrol Centre.

This is an excellent career opportunity for candidates with extensive experience in Provincial Highway Maintenance or related fields. A minimum DZ/AZ license and a clean drivers abstract is required.

We have an attractive compensation package including benefits.
Carillion is an equal opportunity employer.

Applicants interested in joining our team should email resumes in confidence to; pmceachern@carillion.ca by February 20, 2015. Please quote position in your subject line.

Jan Knit's STUDIO & SEWING CENTRE

"Creating Wearable Art One Ball at a Time"

Don't Miss This Sale!

30% Off ALL In-Stock Yarns!

*Limited Time Only

214 Highland Street,
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705.457.4000

janet@janknitsstudio.com

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www.janknitsstudio.com

We Offer Sewing Machine Maintenance & Repairs!

Making Moments Matter

Haliburton Highlands Palliative Centre

Palliative Care Suite Concept

Family Room Concept

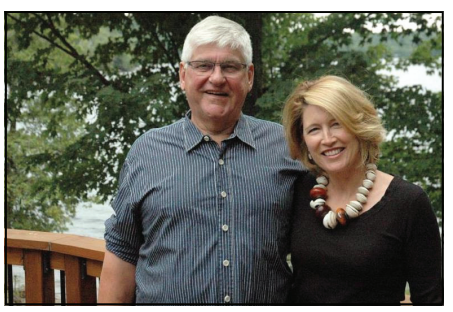
Making Moments Matter Campaign

Goal—$900,000

Raised to date—$673,000

Thank You!

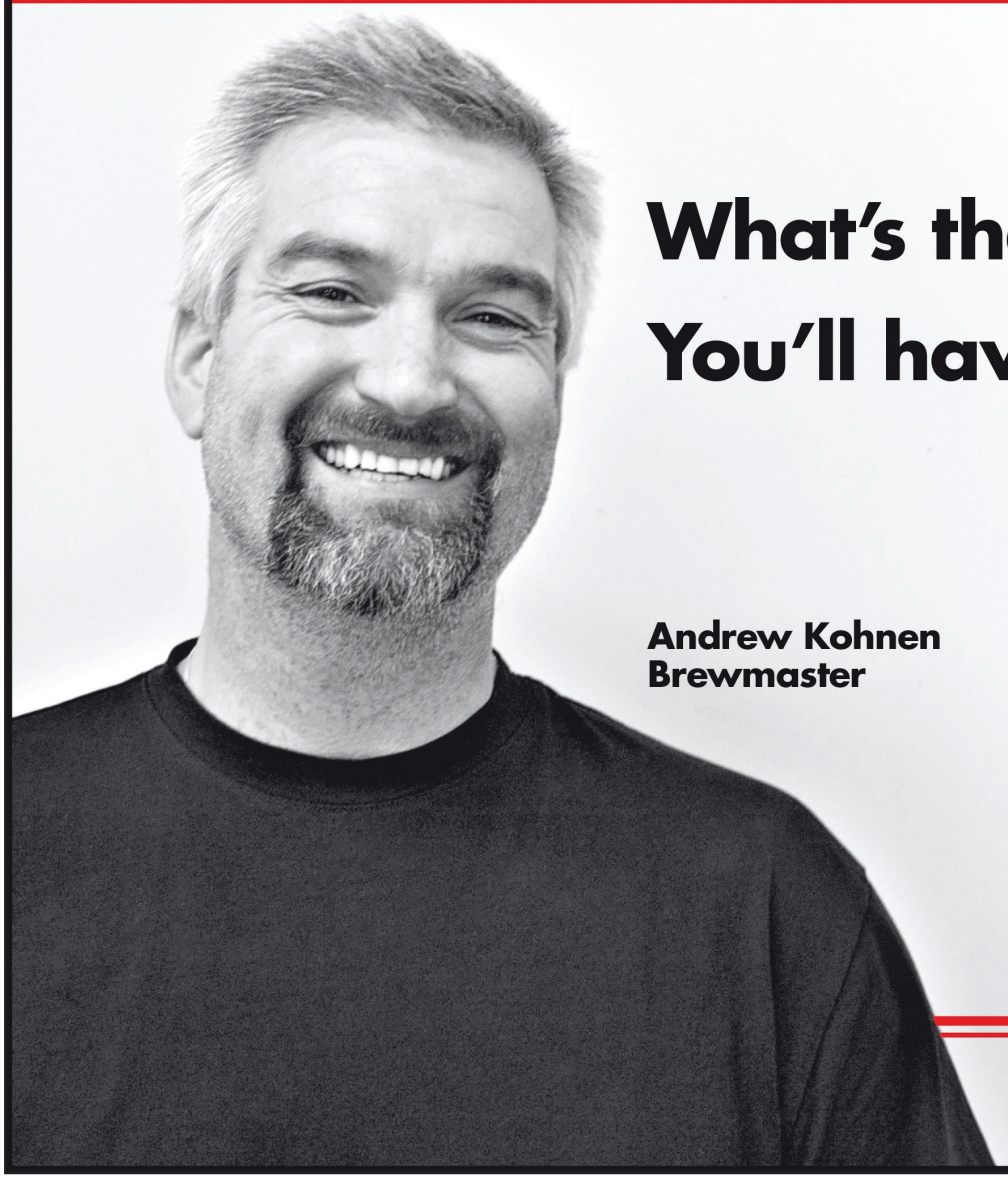
"We encourage you to support the Haliburton Highlands Palliative Centre"



HALIBURTON HIGHLANDS HEALTH SERVICES FOUNDATION
A Foundation for the Health of the Highlands

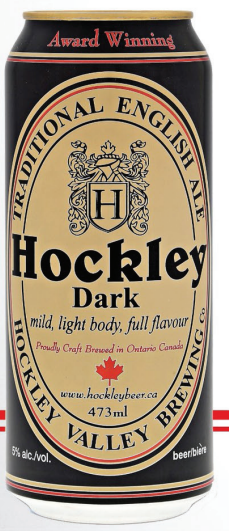
705-457-1580 or 705-286-1580

dwalker@hhhs.on.ca



What's the 'Hockley secret'?
You'll have to ask Mr. Kohnen.

Andrew Kohnen
Brewmaster



Hockley

IT'S ALL TRUE.

HOCKLEYBEER.CA

BLOWOUT SALE!

FEBRUARY 12, 13 & 14

up to 70% off

100% OF ALL proceeds TO Food for Kids

That's right! **100% of ALL proceeds** on Arctic Cat & CKX Snowmobile Wear & Accessories sold from February 12 through February 14 goes straight to Food For Kids!!
Come in and help us support this great cause!

Food For Kids
HALIBURTON COUNTY'S STUDENT NUTRITION PROGRAM

HALIBURTON · WEDGEWOOD

rbm recreation powersports marine
take a ride outside

5122 County Road 21
Haliburton | 705.457.1473

www.HaliburtonRPM.com

Ice Fishing Derby Results

The Pat & Phyllis Gallen Memorial Lake Trout, Ice Fishing Derby was a memorable day for all participants

The day was brisk to say the least, the fishing was fine and an extra surprise was in store for a group on Farquahar Lake. They were greeted and snuggled by a Moose. She came up to a group, allowed herself to be patted and even attempted to kiss one of the fishermen. Certainly made his day.

Results of the derby are as follows:

There were 88 participants with 32 fish brought in. Each of the 32 fisherman received a prize. The top 5 were given cash prizes and the balance were asked to choose from the prize table. There was also an Electric Food Smoker that was raffled. Coincidentally the first place fisherman also won the Smoker which was donated by The Fishes Lunch Box.

The top 5 winning fish weighed from 4.851 lbs to 2.84 lbs .

1st prize – Doug Musclow – from Farquahar Lake

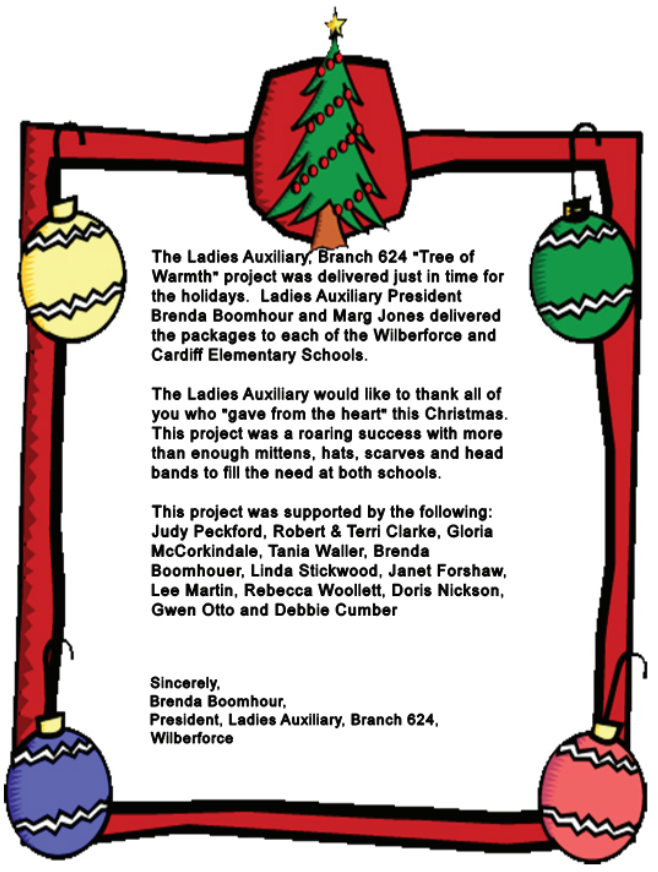
2nd prize – Sue Tate – from Farquahar Lake

3rd prize - Galan Bowman – from Grace Lake

4th prize – Ryan Robertson – from Farquahar

5th prize – tied between – Matt Reil – from Grace Lake & Jeff Graham from Farquahar Lake

If you want your event listed in the Community Calendar, email jenn@haliburtonpress.com


The Ladies Auxiliary, Branch 624 "Tree of Warmth" project was delivered just in time for the holidays. Ladies Auxiliary President Brenda Boomhour and Marg Jones delivered the packages to each of the Wilberforce and Cardiff Elementary Schools.
The Ladies Auxiliary would like to thank all of you who "gave from the heart" this Christmas. This project was a roaring success with more than enough mittens, hats, scarves and head bands to fill the need at both schools.
This project was supported by the following: Judy Peckford, Robert & Terri Clarke, Gloria McCorkindale, Tania Waller, Brenda Boomhouer, Linda Stickwood, Janet Forshaw, Lee Martin, Rebecca Woollett, Doris Nickson, Gwen Otto and Debbie Cumber
Sincerely,
Brenda Boomhour,
President, Ladies Auxiliary, Branch 624,
Wilberforce

UPCOMING

Community Events

PARISH HOME INSPECTIONS

Recurring Events

Toastmasters

When: Wednesday evenings, 7:00 p.m. to 9:00 p.m.
Where: Minden United Church, Newcastle Street, Minden
We continue to hold our cost-effective, informative and enjoyable Toastmaster meetings at the Minden United Church, Newcastle Street, Minden. We encourage both men and women to come and to see a meeting to find out what we are all about. Here is a place to learn speaking and listening skills in a comfortable setting at a reasonable cost. For more information, call Sybil at 286-2624, Roy Haig at 286-4644 and Lynda Litwin at 286-2911.

The Highlands Festival Singers

Rehearsals are starting for their Annual Spring Concert, A Bouquet of Flowers on Tuesday, January 6th at 7:15 pm in the sanctuary at Haliburton United Church.
All singers are welcome! Find Highlands Festival Singers on facebook, or our webpage highlandsfestivalsingers.ca
or email us at highlandsfestivalsingers@gmail.com

Haliburton Highlands Hand Weavers & Spinners Guild Open Studios

When: Daytime - every Tues. 1-4
Evening - the 3rd. Wed. of every month
Where: Zion United Church, Carnarvon
No experience needed
Contact: Pat @ 705-286-6042 or andreacoysh@gmail.com

Dorset Quilters & Needle Workers Group

When: Tuesdays at 9:30 a.m.
$1 per person
Dorset Evening Yoga Classes
When: Mondays, 6:30 to 7:30 p.m.
$75 for 6 classes or $15 per class. For more information contact Caroline Leeder at huttcaroline@gmail.com or 705-767-1177

Haliburton Region Shout Sister!

Choir, directed by Laurel McCauley, is welcoming new members.
We do not audition and learn our music by ear.
All levels of singers are welcome. We sing a fun variety of music from pop and folk to Motown.
Practices are held Thursday nights from 7-9 pm at Haliburton United Church, Fellowship Room, 10 George St., Haliburton.

Dated Events

Lasagne Dinner at Frost Fest

When: Saturday, Feb. 14, between 4 and 6 p.m.
Where: Fellowship Room of the Haliburton United Church
Tickets at the door. $10 adult, $5 for children under 12. Lasagne, salad, garlic bread, dessert, tea/coffee, vegetarian lasagne and gluten-free lasagne. Take out available at the church.

Haliburton County Snowmobile Association

When: Saturday, February 14, 11-2pm, Family Day Weekend
Where: Rail Trail B103 at Gelert Cemetary 3km north of the B112.
Come and join us for a barbecue lunch, meet other club members and Directors and see how a Groomer works. We will have $5 peameal on a bun, $3 hot dogs with drinks and chips. There will be on the spot draw prizes.
Contact: http://hcsa.ca, ejesseman@bell.net

Halburton & District Lions Club Polar Bear Challenge

Frost Fest 2015
Date: Saturday, February 14
Place: Head Lake Park, Haliburton
Time: Registration 10 am – 12 pm Plunge 1:00 pm
Pledge forms located at Cranberry Cottage, Haliburton Foodland, Todds Independent Grocers and West Guilford Shopping Centre or on the website at: http://www.e-clubhouse.org/sites/haliburtonon/index.php
Pledges can be donated to the Sick Kids Eye Project or HHHSF Palliative Care Wing

Pancake Supper

When: Feb. 17, 5 to 7 p.m.
St. George's pancake supper at the Legion. Adults $5, family $15.

Volunteer Income Tax Clinics – Wilberforce

When: Wednesday, Feb. 18 from 2 p.m. to 3:30 p.m. and every Wednesday until Wednesday, April 22
Where: Wilberforce Legion

Volunteer Income Tax Clinics - Haliburton

When: Thursday, Feb. 19 from 9:30 a.m. to 2 p.m. and every Thursday until Thursday, April 23
Where: Haliburton Legion
Saturday, February 21st, 2015 Family Snowflake Ball at the Kinmount Community Centre from 6:30 to 9:00 P.M. Opening Event of Annual Kinmount Winterfest. Admission is Free-Snack Bar by Donation. Sponsored by the Kinmount Committee For Planning

Winterfest in Kinmount

Sunday, February 22nd. Pancake Breakfast at the Kinmount Community Centre from 8:00 a.m. to 11:00 a.m. Events at Kinmount Fairgrounds from 11:00 a.m. to 3:00 P.M. Admission Free Horse-drawn sleigh rides, games, skating. Celebrating 50 Years of the Canadian Flag. Wear Red and White. Sponsored by the Kinmount Committee For Planning.

FREE Food Handler Course, Haliburton

Thursday, February 26, 9 am to 5 pm, Health Unit office (191 Highland St., Unit 301) in Haliburton. This course teaches participants how to handle and prepare food safely. Upon successful completion, participants receive a certificate (valid for a period of five years) indicating they are registered as a certified food handler. This course will be offered free-of-charge (limit of 25 participants). For more information and to confirm space availability, call the Health Unit at(705) 457-1391.

St. Patrick's Day Dinner

Haliburton United Church, Fellowship Room
Tuesday, March 17 at 5:30 p.m.
Order tickets by calling Robin at 705-457-1771
$10 per person, $5 for children (under 12)
Corn Beef & Cabbage, Soda Bread, Dessert, Tea/Coffee
Take out available at Haliburton United Church. A Haliburton United Church Fundraiser!

"PIRATES OF PENZANCE"

Highlands Little Theatre is presenting "Pirates of Penzance", evening performances at 7:30 p.m. on April 16, 17 and 18 and a Matinee at 2 p.m. on April 19 at the Northern Lights Performing Arts Pavillion. Tickets are available by calling Jim Frost at 705-457-4031 or by purchasing tickets from Cranberrry Cottage in Haliburton and Minden Pharmasave in Minden. This Gilbert and Sullivan musical was last seen in Haliburton in 1975 as performed by the Glee Club of Haliburton Highlands Secondary School. This Spring, current Haliburton County residents, young and old, are preparing to present Pirates once again! Come and join in the fun and frivolity

Legion Events

Branch 624, Wilberforce

Jan Simon PRO
Friday Pool 2:30PM
Jam Session 7:30PM
Saturday Meat Draw 2:00pm - 5:00pm - Early Bird 3pm sharp
Valentine's Dinner/Dance, Saturday February 14th $20/person. Intimate table settings for 2 and 4. Reserve early, limited seating
Dance to follow at 9:00pm DJ Pat Casselman – no cover charge for dance
Monday Bid Euchre
Wednesday Fun Darts

Branch 129, Haliburton

Dave Allen, PRO 705-457-2571
Mondays: Bridge every Monday at 1pm
Tuesdays: Open dart night at 7pm
Wednesdays: Bid Euchre 1 pm start
Bingo Doors open at 6 pm, Bingo starts at 7 pm $500 Jackpot, $1000 Jackpot last Wednesday of the month
Thursdays: General Meeting Second Thursday of the month starting at 7:30 pm
Ladies Auxiliary Last Thursday of the month at 1 pm. All members urged to attend
Fridays: Cribbage 1 pm start
Meat Draw Five Draws, Five Prizes each draw, First draw at 4:30 pm, Last draw at 6:30 pm, Tickets are $2 per draw...Chester Howse, MC
Saturdays: 50/50 Draw 4 pm draw, Tickets are $1 each from noon onwards
Sundays: Breakfast Second and fourth Sunday of the month – 9:30 am – 1 pm $6 per person. Occasional volunteers are needed.
Upcoming Events: Valentines Dinner / Dance in the Main Hall Saturday February 14th 6pm - $15 per person. Tickets available at Cranberry Cottage or Haliburton Legion and the Fast Lane in Minden. Live entertainment featuring Northern Jam and an open mic session in the Club Room on Saturday February 21st 4-7pm. Enjoy homemade chilli for just $5. No cover.
Whether you're planning a function for 10 or 200, call the Legion today for more information 705-457-2571
Please come out and support Haliburton Legion Branch 129... everyone is welcome!

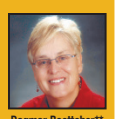
Branch 636, Minden 705-286-4541

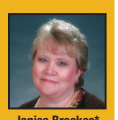
Open Mon-Thurs 10am-6pm, Fridays til 9pm, Sundays 1-5.
Air-conditioned clubroom open to the public, Patio open, Wifi, debit machine, table trivia, dart boards
Big Euchre, 1st Sunday of the month, includes lunch
Lunches **noon to 2pm**
Mon to Thursday: full menu and daily specials.
Tuesdays: Liver lovers are flocking to Minden Legion every Tuesday at lunch. Liver n Onions is the special on Tuesdays from noon to 2pm, cooked up by new members Jim & Joanne McKinnon. And don't worry if liver is not your favourite, the Minden Legion also offers a full menu choice Monday through Thursday.
On Fridays we serve beer-battered Fish and Chips for lunch or supper.
Friday lunch menu: beer-battered fish with fries or onion rings. Friday supper 5-7pm also chicken wings
Wednesdays: Meat Draw at noon, $8 buys 8 chances for butcher-quality meat.
Ladies Darts on **Thursdays**

Branch 441, Kinmount

Cathy King, PRO 705-488-3462
Valentine's Day Meat Draw
Saturday February 14th at 4:30 pm Kinmount Legion is having a Valentines Meat Draw, featuring entertainment by Hal and the Hellfires playing a variety of Country and Blues music. No admission charge. Homemade food available. For more information call 705-488-3462.

Drew Bishop**
457-2128 x 23


Dagmar Boettcher**
489-9968


Janice Brookes*
457-2128 x 22

Gloria Carnochan*
754-1932

Mark Dennys*
457-2128 x 30

Tom Ecclestone*
286-2138 x 26

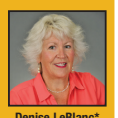
Lee Gauthier**
489-9968

Ed Gibbons*
286-2138 x 28

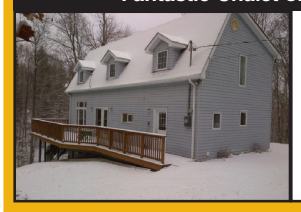
Andrew Hodgson***
286-2138 x 29

Susanne James*
& Andy Mosher**
457-2128 x 33

Valerie Kulla*
286-2138


Denise LeBlanc*
286-2138 x 23

Fantastic Chalet or Home $249,000



- Well-appointed 3 bdrm, 2 full baths
- Features include; open concept, vaulted ceilings
- Hardwood floors, main floor laundry
- Full finished cozy basement with walkout

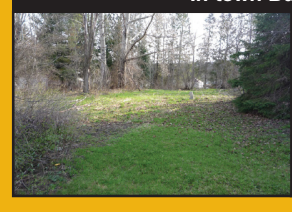
Drew Bishop 457-2128 x 23

Pine Street $259,000

- Large 4 bdrm renovated in town
- New furnace and upstairs windows
- Repainted in and out, new bath on 2nd floor
- New soffits and eavestroughs

Dagmar Boettcher 489-9968

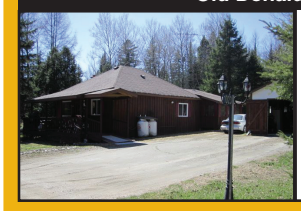
In-town Building lots



- Two adjacent prime downtown lots
- Walking distance to all amenities
- Municipal hookups water/sewer avail.
- Starting at $44,900

Janice Brookes 457-2128 x 22

Old Donald $175,900



- 3.9 acres close to Haliburton
- Lovely and cozy 2 bdrm home w/ garage
- Upgrades include high eff propane furnace, Kitchen appl, shower, elec panel & walkin shower

Gloria Carnochan 754-1932

Just Minutes from Town $259,900

- 166 Ft road frontage, 1.01 Acres
- 3 Bedrooms w/4 pc bath
- Open concept design, lg rec rm & bar
- Oversized det'd/heated garage w/ sep. suite

Mark Dennys 457-2128 x 30

Main Street Minden Priced to Sell

- 3 bedrooms, 2 full baths, main floor laundry
- Newer furnace, windows, beautiful finished
- Wrap around porch, garage with loft
- Walk to all services - Only $159,000

Tom Ecclestone 286-2138 x 26

Ideal Starter Home $99,900

- Starter home or rental
- 660 Square feet
- 2 Bedroom, FAO, drilled well
- 10 Min. to town

Lee Gauthier 489-9968

Recently renovated in downtown Minden! $139,900

- 1,020 sq ft, 2 bdrms, perfect starter or retirement home
- Updates incl new flooring & kitchen w/ stainless steel appliances
- Located on municipal rd, laundry on 1st floor & uses in town services; very low maintenance

Ed Gibbons 286-2138 x 28

New Haliburton Home $359,000

- 3 bdrms and 1 1/2 baths w/large & open living area
- 2700 Sq ft of living space above ground w/lots of windows & decks
- Brand new 2 storey with lower floor apartment
- Large private backyard & a garage with a finished Bunkie

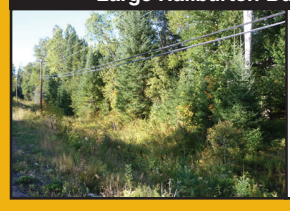
Andrew Hodgson 286-2138 x 29

Koshlong Lake Area $79,900

- 29+ acres near Koshlong Lake
- Abuts road allowance to lake
- Part commercial zoning
- Year round access

Susanne James & Andy Mosher
457-2128 x 33

Large Haliburton Building Lot $30,000



- 5.08 acres with great access off Hwy 118
- Driveway is installed, great privacy
- Hydro, phone & high speed at the lot line
- 3 km from Haliburton Village

Valerie Kulla 286-2138

Maple Lake $469,900

- Year Round 3 Bdrm. /3 Bath Home
- Over 3500 sq ft of living space
- Hardwoods, Cathedral Ceiling, 2 Propane Fireplaces
- Att'd Garage, Full Finished Basement, Sand Shoreline

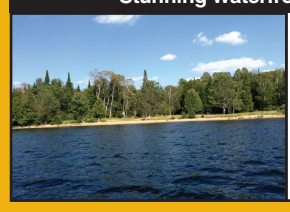
Denise LeBlanc 286-2138 x 23

Great Starter Cottage $105,000

- 3 bedroom starter cottage
- Private setting
- Township road
- Public access to Clear Lake across the road

David Lee 286-2138 x 27

Stunning Waterfront Lot $299,000



- Over 6 acres; West exp. Sand Beach
- 575' on Oblong Lake - a 2 lake chain
- Level lot and year round access
- Bell and high speed at lot line

Erin Nicholls 457-2128 x 34

Paradise Lake Home or Cottage $184,900

- Ideal starter just mins from Haliburton Village
- Sand shoreline w/waterfront walk-in entry, incl. dock system
- 3 bedrooms with updated hydro, septic,well & heat
- Open concept with walkouts to wrap-around deck

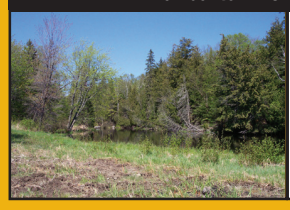
Karen Nimigon 457-2128 x 29

Halls Lake $250,000

- Great property with original 1940's cabin
- + 440 sq ft Bunkie with 1 BR, bath & kitchen
- Beautiful, hard packed, sand bottom beach!!

Margie Prestwich 705-306-0491

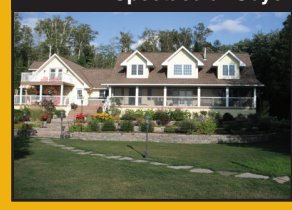
Haliburton Acreage $149,000



- 19 Acre Parcel close to Haliburton village
- Features both large road frontage and water frontage
- Great privacy and views over the lake
- Adjacent to 3.5 acres on Kashagawigamog Lake also available

Greg Stamp 457-2128 x 28

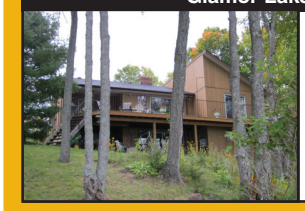
Spectacular Soyers Lake $1,800,000



- Sun all day, huge lake view, gorgeous sand beach, incredible sunsets
- Executive cottage with 4 bedrooms, 4 1/2 baths, gourmet kitchen, 2 fireplaces
- Separate guest suite, finished lower level, rec room, wet bar, office
- Attached triple car garage as well as detached 30 x 40 workshop

Kim Stamp 457-2128 x 24

Glamor Lake $569,000



- Stunning sunsets from this property
- WO to lakeside deck from master, kit & livingrm
- WO bsmt, landscaped lot, perennial gardens
- 3 car gar. with storage, + out buildings, custom dock

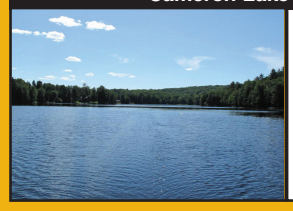
Elizabeth Thompson 457-2128 x 52

Minden Home $199,000

- Charming 3 Bdrm, 2 Bath with a Dock on the River
- Beautiful Hardwoods, Inlays and Propane Fireplace
- Attached Sunroom and Garage
- Many Recent Upgrades

Melanie Vigrass 286-2138 x 32

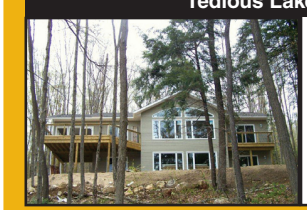
Cameron Lake Building Lots



- 3 lots to choose from starting at $125,000
- Good privacy with up to 182 ft frontage
- Year round access
- Quiet clean lake

Tom Wilkinson 286-2138 x 25

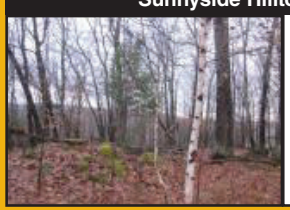
Tedious Lake $519,000



- Newly built 3 bedroom, 2 bath cottage
- 2+ acres, 150' water frtg & stunning sunsets
- Open concept layout with cathedral ceilings
- Full & finished walkout basement

Andrea Wilson 457-2128 x 25

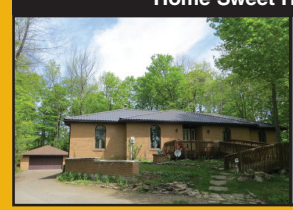
Sunnyside Hilltop Lot $68,500



- Scenic hilltop views over Haliburton Village
- Multi-exposure 1.5 acre residential lot
- Private setting in area of finer homes
- Well-maintained Township road - a "Must-Buy!"

Elizabeth Thompson 457-2128 x 52

Home Sweet Home $315,900



- Gorgeous country setting yet in town home
- 4 BRs and 2 1/2 baths, main floor laundry
- Main floor family room, lower level rec rm
- 2 car garage, beautiful lot and super yard

Kim Stamp 457-2128 x 24

Century 21
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- Minden (705) 286-2138
- Carnarvon (705) 489-9968
- Kennisis/Redstone (705) 754-1932

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